

## Instructions for use of Isohelix SK-1S/MS-01 Buccal Swabs

REF SK-1S, MS-01

Intended for the retrieval of buccal cells. Single use only.  
Store at room temperature. Use only if swab wrapper remains intact.



<p>Take your DNA sample at least 1 hour after eating, drinking or cleaning your teeth. For best results, rinse mouth with water immediately prior to sampling.</p>	
<p><b>1</b></p>	<p>Pull open the package from one end.</p>
<p><b>2</b></p>	<p>Remove the swab from the tube, taking care not to touch the white swab head with your fingers</p>
<p><b>3</b></p>	<p>Insert the swab into your mouth and rub firmly against the inside of your cheek or underneath lower and upper lip. For standard DNA collection rub for <b>1 minute</b> and in all cases rub for a minimum of 20 seconds. <b>Important – use reasonable, firm and solid pressure</b></p>
<p><b>4</b></p>	<p>Place the swab back into the tube. Do not touch the swab head with your fingers</p>
<p><b>5</b></p>	<p>Place your thumbnail in the small groove set in the handle, then snap the handle in two by bending to one side. Let the swab head fall into the tube.</p>
<p><b>6</b></p>	<p>Seal the tube securely with the cap provided.</p>
<p><b>7</b></p> <div style="border: 1px solid black; padding: 5px; width: fit-content; margin: 10px auto;"> <p><b>Stabilise*</b></p> </div>	<p>If the swab is to be stored for more than 1-2 days* before isolating the DNA, stabilise by <b>either</b>:</p> <ul style="list-style-type: none"> <li>1: Using Isohelix Dri-Capsules</li> <li>Or 2: Storage at -20°C or -80°C</li> <li>Or 3: Using Isohelix stabilisation buffer BFX</li> </ul>

\*See [www.isohelix.com/products/dna-buccal-swab-stabilization/](http://www.isohelix.com/products/dna-buccal-swab-stabilization/) for further information

*It is the sole responsibility of the Laboratory or Professional User to verify and correctly validate the use, technically and legally, of these DNA Buccal swabs for their intended device or process.*